



**THE WAVE
PROJECT**

ACTIVITIES BOOK



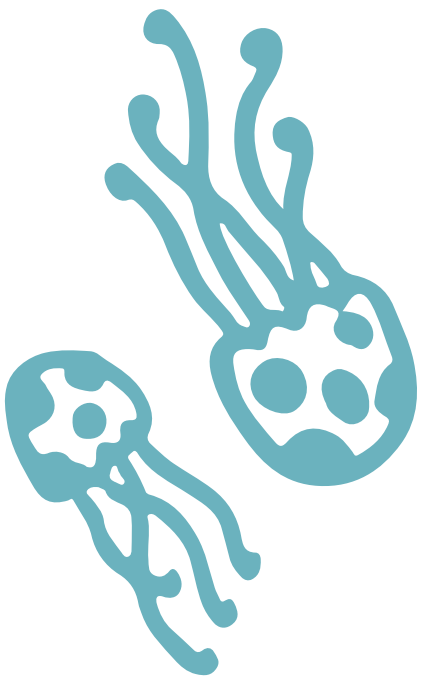
ISSUE 2

Arts & Craft

Paper Plate Jellyfish

You will need:

- Paper Plate
- Washable Kid Friendly Paint
- Glitter Shaker Pots
- Ribbon
- Felt
- PVA Glue
- Scissors
- Stapler



Tutorial:

1. To begin you will need your paper plate and some paint, and parents, take a BIG step back.
2. Once they're finished decorating their paper plates, offer a little glitter to add some seaside shimmer. If you don't have any glitter or would prefer not to use glitter – as it's not everyone's cup of tea, try adding some shiny sequins and embellishments instead.
3. Trim the paper plate to a 'jellyfish' shape and then turn the paper plate over.
4. Cover the freshly cut edge with a generous amount of PVA Glue.
5. Cut a number of strands of ribbon to various lengths.
6. Add the ribbon to the paper plate, ensuring they're nicely spaced out.
7. Cut out a pair of white and black circles to create eyes and add them to the jellyfish.
8. Finish of with a hanging hook using a small piece of ribbon and secure with a staple.

*Craft from www.artycraftykids.com

Wordsearch

Can you find the words in the word search?

Let's see how many of these pro surfers you can find!

N L E U N A M A I L A M P L V
H T I M S Y D R O J R K A R G
T Y K A I L E N N Y I K G L N
S L O H C I N A L L E B A S I
R E Y G I V W F F Y R V H M N
E R N E Y P F I P W R O C O N
L W G A B R I E L M E D I N A
T R S Q F J T H L O F E M F F
U I F I O E L P K H O S T K K
B G S K R A M E N I L O R A C
M H V S Q N S M K F A V W G I
O T O Z U H G L M L T K G I M
T N I K K I V A N D I J K G C
O D I L O T E P I L I F G K Z
K O L O H E A N D I N O L T K

Caroline Marks
Filipe Tolido
Gabriel Medina
Isabella Nichols
Italo Ferreira

Jordy Smith
Kai Lenny
Kolohe Andino
Lakey Peterson
Malia Manuel

Mick Fanning
Nikki Van Dijk
Tom Butler
Tyler Wright



@WaveProject



Wave Project



waveprojectuk



@WaveProject



Wave Project



waveprojectuk

FUN FACT

THE MOST PEOPLE ON A SURFBOARD IS

66!

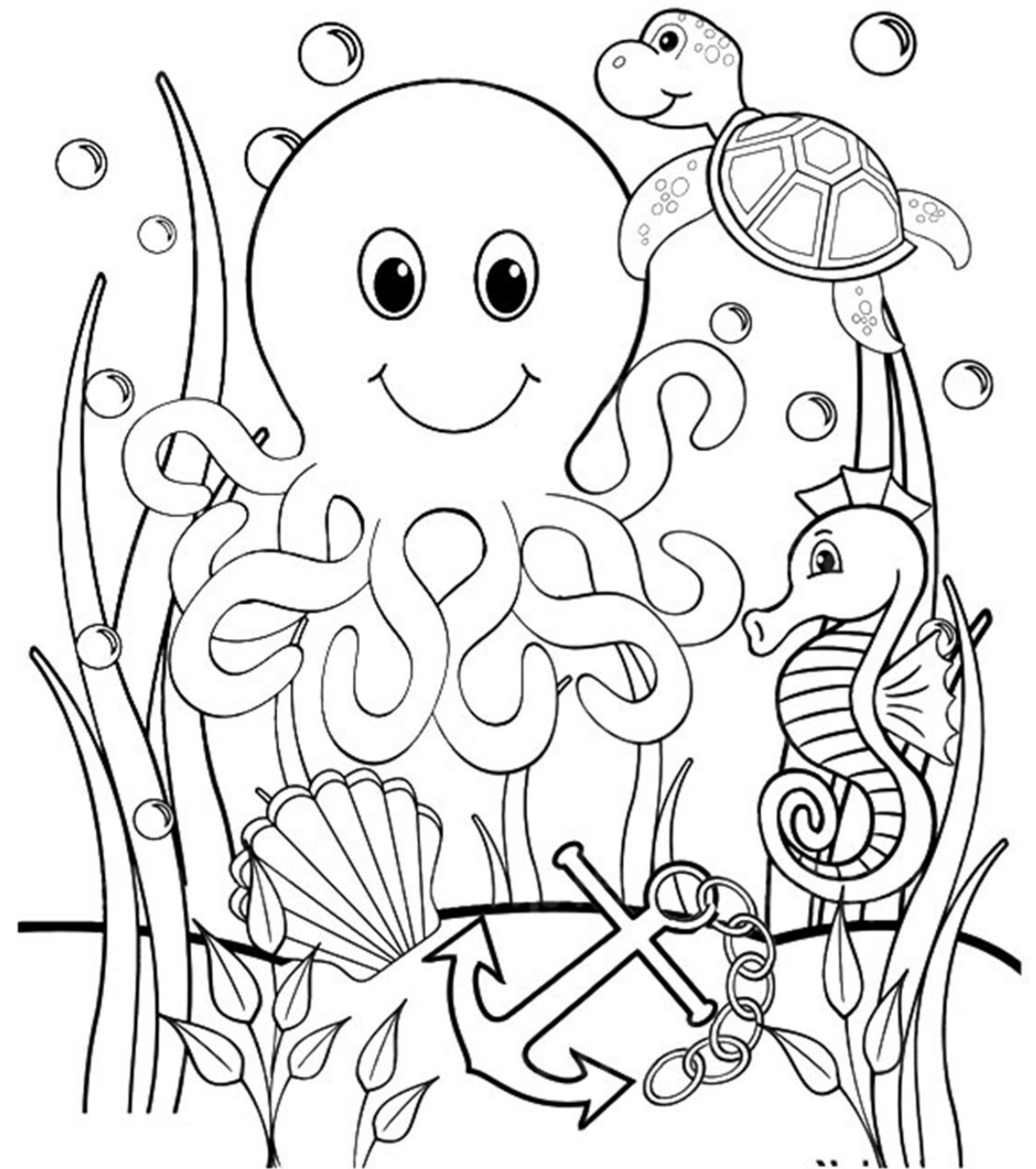
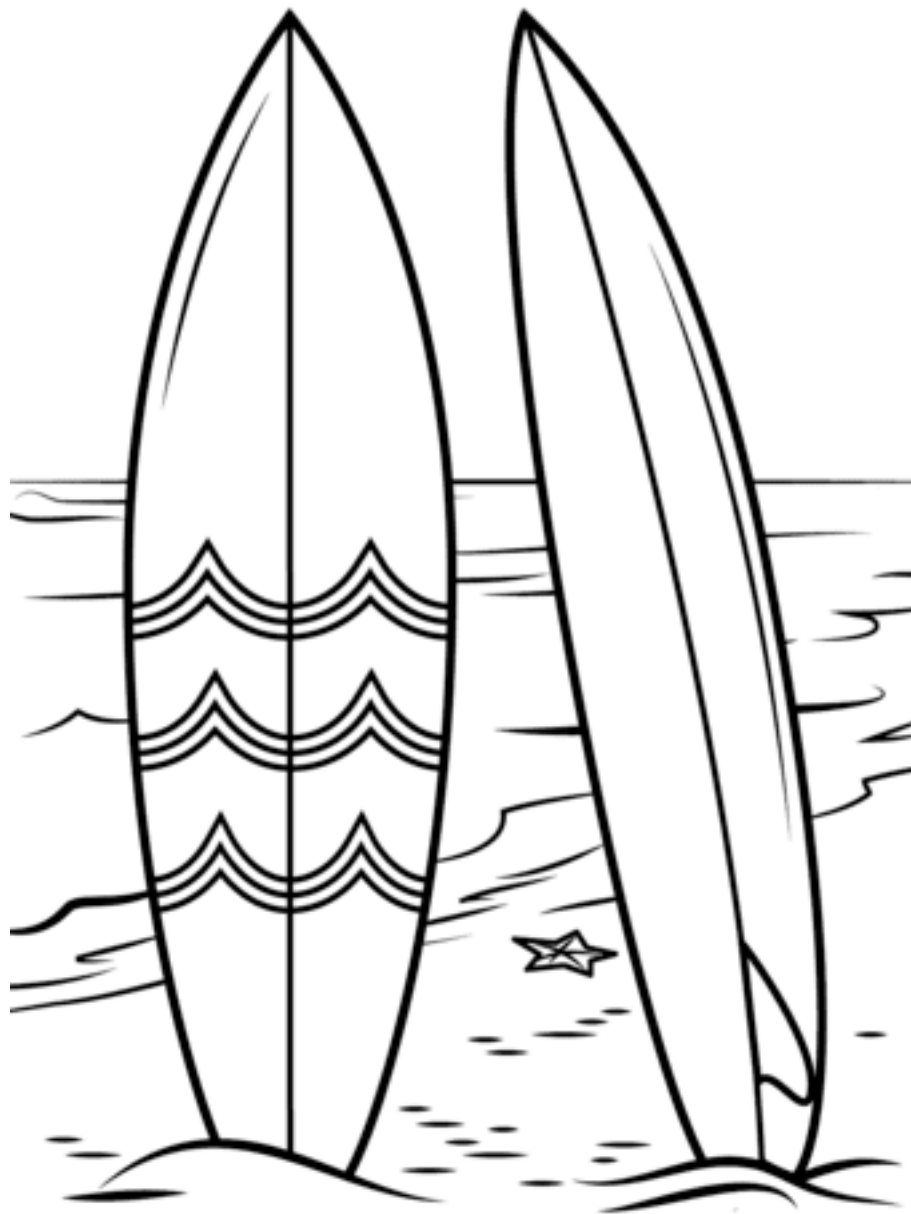
66 surfers set a Guinness World Record for most riders on a board, as they stand on the 1,100 pound, 42-foot board in Huntington Beach, Calif. June 20, 2015.

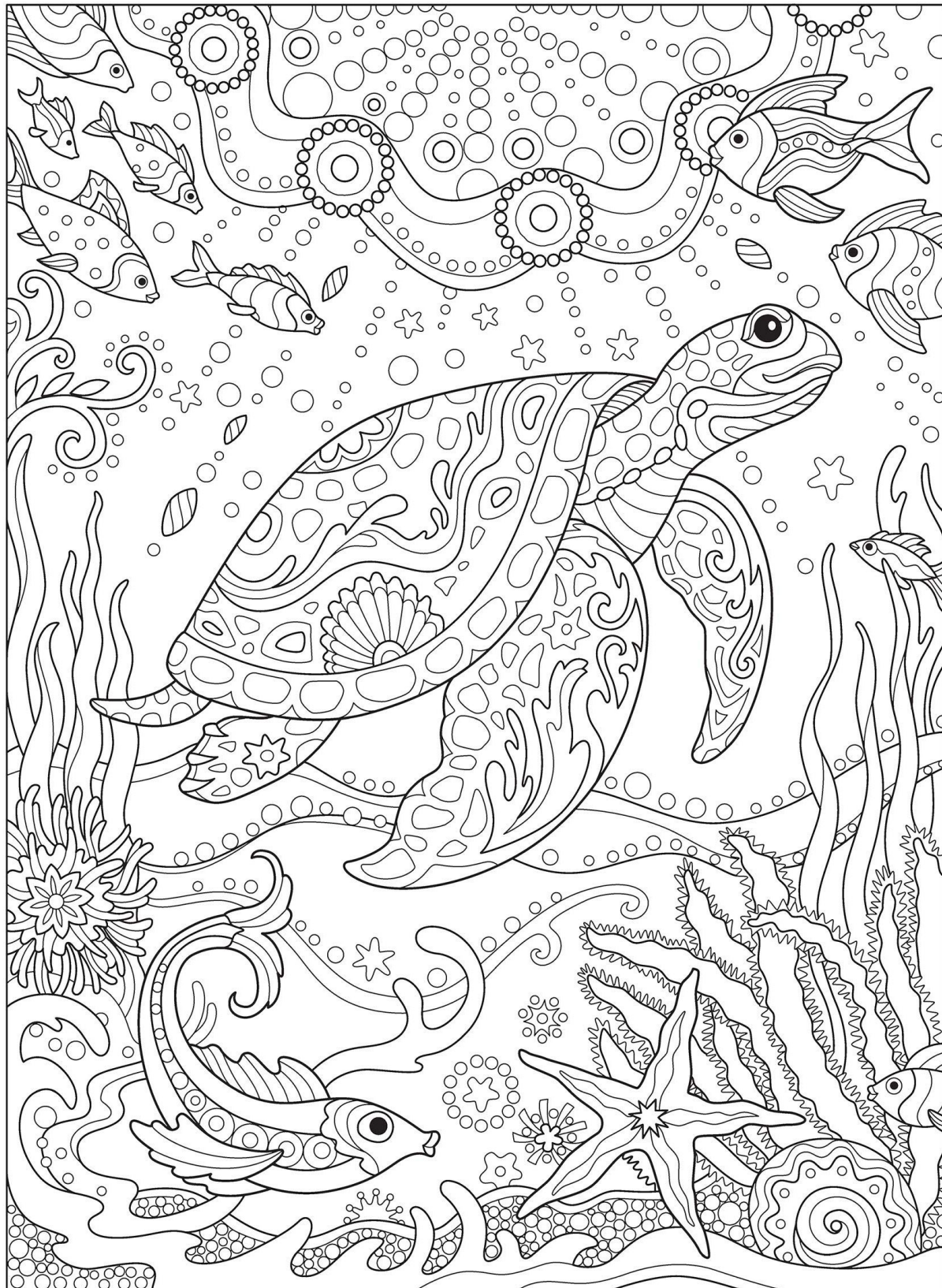
How many people could you fit on a board?



Colour in!

We have a selection of drawings to colour in, varying in difficulty let's see how colourful you can make them!





Draw your own!

Delicious Dessert!

Here's an easy 3 ingredient recipe to make some delicious, gooey Malteser bars! With zero baking required it's the perfect treat to make with all the family!

Ingredients

- 400g Milk Chocolate
- 400-500g Maltesers
- 1 Can of condensed milk

Method

1. Melt the chocolate in a large bowl.
2. Add the condensed milk and mix quickly as the mixture will cool fast!
3. Add 3 quarters of the maltesers into the mixture and pour into a square tin.
4. Spread the mixture so it is roughly 3/4cm thick.
5. Sprinkle the remaining Maltesers over the top
6. Leave in the fridge overnight to cool
7. Cut into portions and enjoy!

We'd love to see your wonderful treats! Be sure to tag us on social media!

Crunchy Cookies!

Ingredients

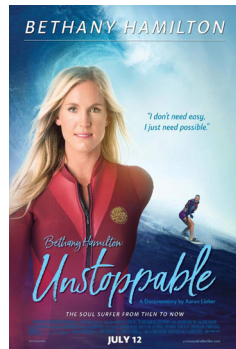
- 225g Butter, softened
- 110g Caster sugar
- 275g Plain flour
- 74g White or milk chocolate chips

Method

1. Heat your oven to 190C/170C Fan/ Gas 5. Cream the butter in a large bowl with a wooden spoon or food mixer until it is soft.
2. Add the sugar and keep beating until the mixture is light and fluffy.
3. Sift in the flour and add the chocolate chips. Bring the mixture together with your hands in a figure of eight motion until it forms a dough.
4. Roll the dough into walnut sized balls and place them slightly apart from each-other on a baking sheet.
5. Flatten the balls a little with the palm of your hand and bake them in the oven for around 10-12 mins until they are golden brown and slightly firm on top.
6. Leave the cookies on a cooling rack for around 15 minutes before serving.

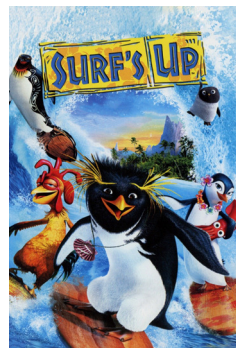
Magnificent Movies

We've selected a few of our favourite movies for you to enjoy at home!



Unstoppable

After losing an arm to a shark attack at age 13, Bethany Hamilton refuses to give up her dreams of being a professional surfer.



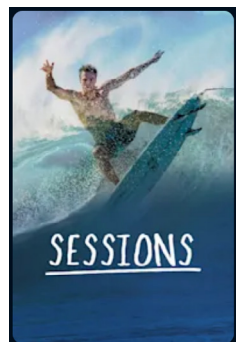
Surfs Up

A behind-the-scenes look at the annual Penguin World Surfing Championship, and its newest participant, up-and-comer Cody Maverick.



Riding Giants

Documentary detailing the origins and history of surf culture.



Surf Sessions (Red Bull TV)

Okay so this ones not a movie... but still very much worth watching, each episode covers one of the world's bravest men and women charging the peaks at famed big wave spots around the world. It's safe to say that any time one of these surfing heroes goes over the ledge it's a momentous feat of human skill and courage.

Science in your own home

Ocean Slime!

What You Need:

- 1/2 Cup Clear washable glue
- 1/4 Cup Liquid starch
- 1/2 Cup of water
- Food Colouring (Blue)
- Glitter
- Seashells (Optional)

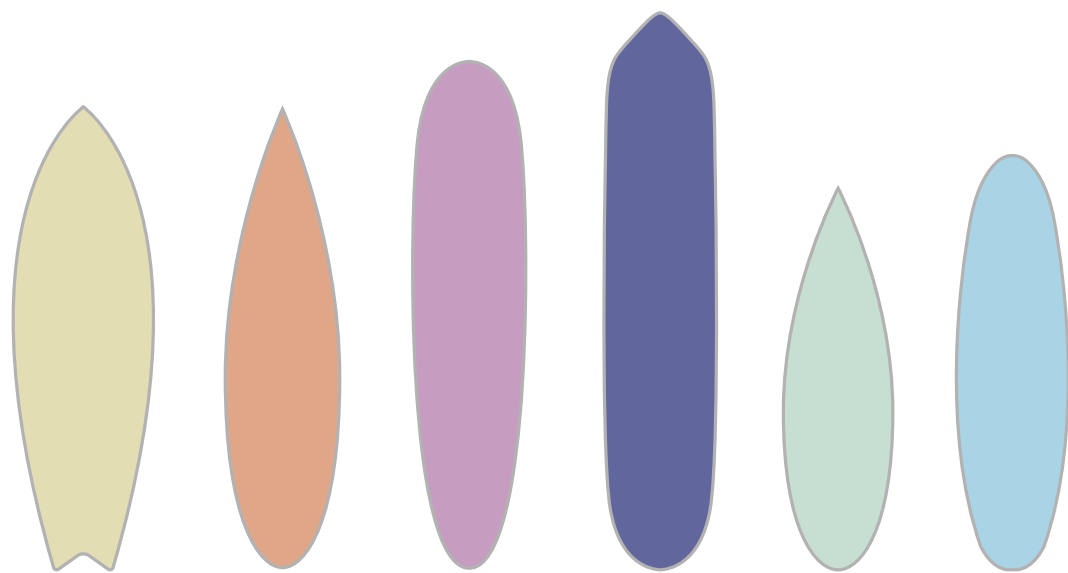
What You Do:

1. In a bowl mix 1/2 cup water and 1/2 cup of glue (mix well to combine completely).
2. Now's the time to add (color, glitter, or confetti)! Remember when you add color to white glue, the color will be lighter. Use clear glue for jewel toned colors! You can never add too much glitter! Mix the glitter and food coloring into the glue and water mixture.
3. Pour in 1/4 cup of liquid starch. You will see the slime immediately start to form. Keep stirring until you have a gooey blob of slime. The liquid should be gone!
4. Start kneading your slime! It will appear stringy at first but just work it around with your hands and you will notice the consistency changes. You can also put it in a clean container and set it aside for 3 minutes, and you will also notice the change in consistency!

SLIME MAKING TIP: We always recommend kneading your slime well after mixing. Kneading the slime really helps to improve it's consistency. The trick with liquid starch slime is to put a few drops of the liquid starch onto your hands before picking up the slime.

Did you know...

1. Our oceans cover more than 70 per cent of the Earth's surface.
2. The record for the longest surf ride is 3 hours 55 minutes. Panamanian surfer Gary Saavedra set the record in 2011 when he rode an artificial wave created by a powerboat.
3. Skateboarding is an offshoot of surfing. Allegedly, those who needed practicing surfing created boards with wheels in order to practice.
4. There are more than 200 Beaches in United kingdom with a wide variety of colors and sizes



Poetry Page

Whether its a few lines to filling this page and more, we'd love to see what poems you can all create! Be sure to tag us on social media when they are done, we'd love to read them!

[illegible]

Drawing Challenge!

Get as creative and colourful as you can designing your perfect beach scene. Submit them by tagging our Instagram or Facebook page and we shall share all of your beautiful creations!

Quiz Time!

There are 6 different species of Jellyfish we get in the UK, but do you know which ones which? Draw a line between the name and the correct image! (Answers further in this booklet)

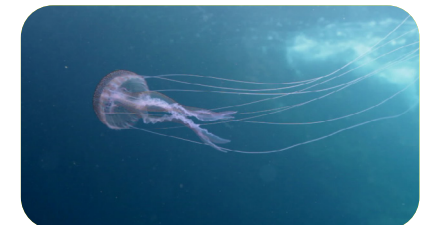
Moon Jellyfish



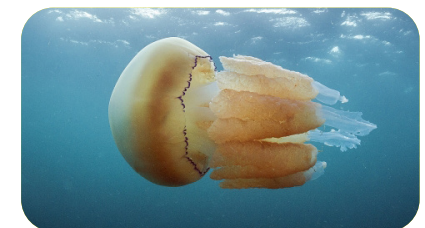
Compass Jellyfish



Barrel Jellyfish



Blue Jellyfish



Lions Mane Jellyfish



Mauve Jellyfish



Other useful resources...

We've put together a few online resources that can help keep you and your kids busy, including fitness, fun and education

- www.oxfordowl.co.uk/ - An amazing selection of E-Books and ideas for reading activities.
- www.teachyourmonstertoread.com/ - A brilliant App that encourages early reading skills through games and fun activities.
- www.topmarks.co.uk/ - English, maths and science activities for KS1 and 2 pupils.
- <https://masterthecurriculum.co.uk/> - Maths skills and reasoning activities aimed at challenging all pupils.
- www.activelearnprimary.co.uk/resources#spag - Lots of spelling and grammar activities for KS1 and 2 pupils.
- www.twinkl.co.uk/ - Lots of printable resources suitable for all ages. Free subscription for the next month.
- www.bbc.co.uk/programmes/p06j7xgh - Programmes and learning video clips.
- www.bbc.co.uk/programmes/p007g5y4 - BBC Schools radio- a series of programmes covering music, dance, drama, songs etc.
- classroomsecrets.co.uk/ - Really lovely English and Maths resources for all ages including educational video clips and printables. Free subscription for at least the next month.
- <https://www.cosmickids.com> - Fun yoga activities for you to do with your kids
- <https://www.thebodycoach.com/blog/pe-with-joe-1254.html> - Lessons from Joe Wicks to keep active and fit

Quiz answers

Moon Jellyfish

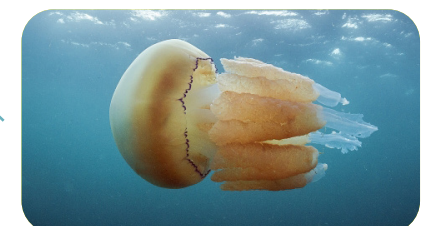
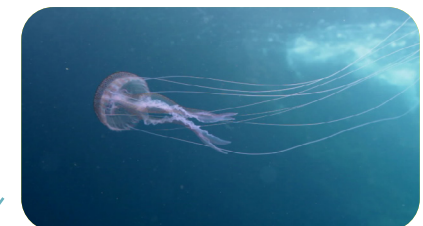
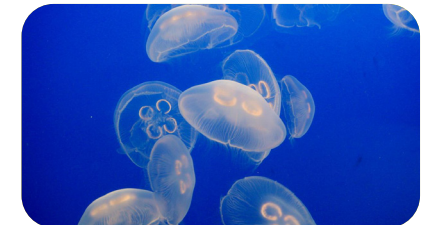
Compass Jellyfish

Barrel Jellyfish

Blue Jellyfish

Lions Mane Jellyfish

Mauve Jellyfish





Registered charity in England and Wales, no. 1163421
and in Scotland, no. SCO46500



@WaveProject



Wave Project



waveprojectuk