

Prior Learning: In year 1, children developed their throwing and catching skills. They were introduced to some fun target games to develop hand-eye co-ordination and they also played some small-sided throwing and catching games. They began to become familiar with a racket and balancing a ball while standing and moving. They began to move the ball along the floor in a forehand and backhand position. They learned the ready position 'grizzly bear'.

Physical Me

Throw - Underarm

Catch - Bounce, catch
- Throw and catch

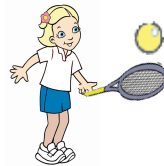
Walk/Run - In different directions
- with a racket in their hand

Co-ordination - Hand-eye

Balance - Moving with ball on racket

Strength - Holding a racket

Key Skills



Thinking Me
- To improve my performance

Value Me:
- Honesty
- Kindness

Social Me
- Co-operate with others

Tennis fun fact!

The four most important tennis events are:

- Wimbledon,
- US Open
- French Open
- Australian Open

Key Vocabulary

Forehand

Backhand

Ready Position

Skills

Honesty

Points

Control

Doubles

Team

Key Knowledge

Catch - Watch the ball, make a basket with hands, when you catch cradle the ball

Control - How hard or how soft you throw, push, move the ball - Keeping the ball under control!

Underarm throw - Opposite arm and opposite leg, point to where you want the ball to go to

Forehand - Hold the racket, fingers and palm face forward

Backhand - Hold the racket, back of hand faces forward.

Inspirational Athletes

Andy Murray

Sir Andy Murray - won Olympic gold twice - Andy Murray won 46 titles including 3 grand slams.

Murray has won Wimbledon twice

