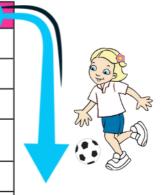
# PROGRESSION OF KEY SKILLS

## **Football**

#### Reception (through multi skills unit)



- > Explore stopping a ball with different parts of the body
- > Experiment kicking the ball with feet to a partner
- > Move a bean bag on the floor using inside of foot
- > Fox and rabbits game. Object of the game is to move away from the rabbit onto a spot (finding a space)
- > Passing with a partner and counting to 5 and 10



### Year 1 (through ball skills unit)

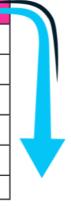


- > Stopping a ball with the inside of feet
- > Pass the ball beginning to use inside of feet "toe, toe, toe, no, no, no!"
- > Dribble the ball with the inside of feet
- > Follow my leader trying to stay near their partner
- > Scoring point in a variety of ways in adapted games

#### Year 2 (through ball skills unit)



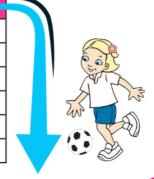
- > Stopping a ball with the sole and inside of feet
- > Pass the ball to a partner P,P,P, Plant, Pass Point to help with accuracy
- > Dribble the ball with the inside of feet keeping the ball close to their body
- > Tag game- trying to catch their partner
- > Scoring in a variety of ways and begin to use scoring techniques game situations





#### Year 3

- > Control a ball using inside, outside and sole of feet
- > Pass the ball with inside of feet with accuracy
- > Dribble the ball beginning to turn with some control (inside and outside hook)
- > Begin to defend making a standing tackle in a lvl
- > Kick a ball stationary past a goal keeper
- > Embracing rules and playing fairly



#### Year 4





- > Dribble the ball using inside, outside hook and drag back beginning to accelerate
- > Begin to defend making a standing tackle or intercept a pass
- > Kick a ball whilst moving past a goal keeper with some accuracy
- > Inspire others with fair play and being gracious in victory and defeat

#### Year 5

- > Control the ball using either foot when moving
- > Pass the ball with inside, front or laces on the foot
- > Dribble the ball using inside, outside hook and drag back beginning to accelerate
- > Show good body position to defend and press in a 2v2 game
- > Scoring using top of foot (laces)- aiming for corners of the goal
- > Begin to communicate with team to develop tactics for attacking and defending

## Year 6

- > Move into space to receive the ball and control with either foot in a game
- > Select the correct pass for various distances in a game situation
- > Dribble the ball in a game situation around a defender
- > Communicate with team when defending in a game -making interceptions, cover space
- > To work as a team to score, shooting from various angles
- > Communicate with team evaluate and recognise success to help improve individual and team performance

