

PSHE Learning Sequence Document – Year 1/2 – 2023/2024



Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic	Me and My Relationships	Valuing Differences	Keeping Safe	Rights and Respect	Being my Best	Growing and Changing
Learning outcomes:	Children will learn about emotions and how these can affect friendships.	Children will learn about rules and how these apply to them. Children will also find out about people who they can trust.	Children will discover ways to stay safe in our modern world.	Children will find out about money.	Children will consider how to keep themselves healthy, looking at cleanliness.	Children will find out about privacy and appropriate applications for this.
PSHE NC Focus:	Within this topic we will focus on our feelings and mental wellbeing and caring friendships.	Within this topic we will focus on our feelings and mental wellbeing, families and people who care for me and caring friendships.	Within this topic we will focus on physical health and fitness, people who care for me, caring friendships and respectful relationships.	Within this topic we will focus on our feelings and mental wellbeing, basic first aid and online relationships.	Within this topic we will focus on mental wellbeing, physical health and fitness and healthy eating.	Within this topic we will focus on families and people who care for me, caring friendships, being safe and respectful relationships
Prior learning:	At Blackwater we use the coram Life Education SCARF program. This is a spiral program. SCARF lessons form a spiral curriculum through the primary years, the suggested half-termly unit themes are the same for each year group and lesson plans are sequenced in a similar way for each year group, with similar themes and age-appropriate learning opportunities across each year group.					
Sequence of learning:	Our ideal classroom (1)	Same or different?	Harold's picnic	Harold has a bad day	You can do it!	Healthy me
	Our ideal classroom (2) (OPTIONAL)	Unkind, tease or bully?	How safe would you feel?	Around and about the school	My day	Then and now
	How are you feeling today?	Harold's school rules	What should Harold say?	Taking care of something	Harold's postcard - helping us to keep clean and healthy	Taking care of a baby
	Let's all be happy!	It's not fair!	I don't like that!	Harold's money	Harold's bathroom	Who can help? (2)
	Being a good friend	Who are our special people?	Fun or not?	How should we look after our money?	What does my body do?	Surprises and secrets
	Types of bullying	Our special people balloons	Should I tell?	Basic first aid	My body needs...	Keeping privates private
End Point:	The children will be able to show ways in which they can be a good friend to others.	Children will recognise who the people are who keep them safe.	Children will know what to do if they encounter things that they don't like.	Children will have knowledge of basic money management.	Children will have an understanding of things they need to do to keep their bodies healthy.	Children will recognise the importance of privacy and know some incidences of when this applies to themselves.
Class Topic	Splendid skies Finding out about weather and weather stations.	Splendid skies Finding out about weather and weather stations.	Moon Zoom! Exploring outer space.	Moon Zoom! Exploring outer space.	Land Ahoy! Speak like a Pirate, write like a poet and explore the world.	Land Ahoy! Speak like a Pirate, write like a poet and explore the world.
Linking to class topic suggestion.						

Note – Internet safety should be taught to all classes at the beginning of the autumn term every year as part of the computing program and then reinforced at intervals throughout the year.