

## PSHE Learning Sequence Document – Year 5/6 – 2022/2023



Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic	Me and My Relationships	Valuing Differences	Keeping Safe	Rights and Respect	Being my Best	Growing and Changing
Learning outcomes:	Children will develop a greater understanding of the feelings of others and using this knowledge in their school life and beyond.	Children will find out about and value the differences in the human population.	Children will find out about some risks that they will face and about some decisions that they may come across. They will use this knowledge to help them lead purposeful lives.	Children will experience democracy in action and recognise the benefits of this system of government.	Children will identify the strengths that they have.	Children will find out about how human reproduction applies to them.
PSHE NC Focus:	Within this topic we will focus on our feelings and mental wellbeing.	Within this topic we will focus on our feelings and mental wellbeing, families and people who care for me and caring friendships.	Within this topic we will focus on physical health and fitness and online relationships.	Within this topic we will focus on our rights and responsibilities looking at British Values.	Within this topic we will focus on mental wellbeing, British Values, physical health and fitness and healthy eating.	Within this topic we will focus on families and people who care for me, caring friendships and respectful relationships
Prior learning:	At Blackwater we use the coram Life Education SCARF program. This is a spiral program. SCARF lessons form a spiral curriculum through the primary years, the suggested half-termly unit themes are the same for each year group and lesson plans are sequenced in a similar way for each year group, with similar themes and age-appropriate learning opportunities across each year group.					
Sequence of learning:	<a href="#"><u>Collaboration Challenge!</u></a>	<a href="#"><u>OK to be different</u></a>	<a href="#"><u>Spot bullying</u></a>	<a href="#"><u>Two sides to every story</u></a>	<a href="#"><u>It all adds up!</u></a>	<a href="#"><u>I look great!</u></a>
	<a href="#"><u>Give and take</u></a>	<a href="#"><u>We have more in common than not</u></a>	<a href="#"><u>Play, like, share</u></a>	<a href="#"><u>Fakebook friends</u></a>	<a href="#"><u>Different skills</u></a>	<a href="#"><u>Media manipulation</u></a>
	<a href="#"><u>How good a friend are you?</u></a>	<a href="#"><u>Respecting differences</u></a>	<a href="#"><u>Decision dilemmas</u></a>	<a href="#"><u>What's it worth?</u></a>	<a href="#"><u>My school community (2)</u></a>	<a href="#"><u>Pressure online</u></a>
	<a href="#"><u>Relationship cake recipe</u></a>	<a href="#"><u>Tolerance and respect for others</u></a>	<a href="#"><u>Ella's diary dilemma</u></a>	<a href="#"><u>Happy shoppers - caring for the environment</u></a>	<a href="#"><u>Independence and responsibility</u></a>	<a href="#"><u>Helpful or unhelpful? Managing change</u></a>
	<a href="#"><u>Our emotional needs</u></a>	<a href="#"><u>Advertising friendships!</u></a>	<a href="#"><u>Vaping: healthy or unhealthy?</u></a>	<a href="#"><u>Democracy in Britain 1 - Elections</u></a>	<a href="#"><u>Star qualities?</u></a>	<a href="#"><u>Is this normal?</u></a>
	<a href="#"><u>Being assertive</u></a>	<a href="#"><u>Boys will be boys? - challenging gender stereotypes</u></a>	<a href="#"><u>Would you risk it?</u></a>	<a href="#"><u>Democracy in Britain 2 - How (most) laws are made</u></a>	<a href="#"><u>Basic first aid, including Sepsis Awareness</u></a>	<a href="#"><u>Making babies</u></a>
End Point:	Children will recognise that a level of compromise is required for all relationships to work and will understand when they need to stand up for themselves and when they need to give way.	Children will recognise how respect for everyone's differences is essential for an effective functional society.	The children will recognise that throughout their lives they will face with decisions that can have serious implications to their health and wellbeing.	Children will recognise that in Britain we have rule through democracy and will understand that we need to accept that democracy means sometimes rules will get made that we disagree with but that those the majority have voted for have agreed on.	In this topic children will have identified that people have different skill sets and that with these they may end up with differing roles and responsibilities.	Children will finish this topic with an understanding of the act of human reproduction and the changes that their bodies will have gone through to enable this reproduction to take place.
Class Topic	Climate, temperature, habitat and eco systems	Climate, temperature, habitat and eco systems	Dynamic Dynasties	Dynamic Dynasties	Ground-breaking Greeks	Ground-breaking Greeks



Linking to class topic suggestion.							
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Notes –

Internet safety is taught to all classes at the beginning of the autumn term every year as part of the computing program and then reinforced at intervals throughout the year.

It is now a statutory requirement for primary schools to deliver Relationships Education and the Department of Education (DfE) encourages schools to deliver Sex Education that ensures both boys and girls are prepared for the changes adolescence brings and – drawing on knowledge of the human life cycle set out in the National Curriculum for science – how a baby is conceived and born. In teaching this the class teacher may make an assessment based on the individual requirements of the class to separate year groups for teaching purposes. In the event of this both year groups will receive age appropriate teaching in separate sessions that may have differing outcomes.