

## PSHE Learning Sequence Document – Year 3/4 – 2022/2023



Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic	Me and My Relationships	Valuing Differences	Keeping Safe	Rights and Respect	Being my Best	Growing and Changing
Learning outcomes:	Children will find out about feelings and friendships.	Children will discover that everyone is unique with their own special attributes and everyone can contribute something special.	Children will learn that medication has to be used respectfully and that there are risks with medication.	Children will find out about money, considering how to be responsible with it.	Children will learn to respect themselves and their environment.	Children will find out more about how their body is changing and the importance of privacy.
PSHE NC Focus:	Within this topic we will focus on our feelings, mental wellbeing and caring friendships.	Within this topic we will focus on our feelings and mental wellbeing, families and people who care for me and caring friendships.	Within this topic we will focus on physical health and fitness, people who care for me, caring friendships and online relationships.	Within this topic we will focus on our feelings and mental wellbeing and online relationships.	Within this topic we will focus on mental wellbeing, physical health and fitness and healthy eating.	Within this topic we will focus on families and people who care for me, caring friendships, respectful relationships and being safe.
Prior learning:	At Blackwater we use the coram Life Education SCARF program. This is a spiral program. SCARF lessons form a spiral curriculum through the primary years, the suggested half-termly unit themes are the same for each year group and lesson plans are sequenced in a similar way for each year group, with similar themes and age-appropriate learning opportunities across each year group.					
Sequence of learning:	<a href="#">Human machines</a>	<a href="#">Respect and challenge</a>	<a href="#">Danger, risk or hazard?</a>	<a href="#">Helping each other to stay safe</a>	<a href="#">What makes me ME!</a>	<a href="#">Relationship tree</a>
	<a href="#">Ok or not ok? (part 1)</a>	<a href="#">Family and friends</a>	<a href="#">How dare you!</a>	<a href="#">Recount task</a>	<a href="#">Making choices</a>	<a href="#">Body space</a>
	<a href="#">Ok or not ok? (part 2)</a>	<a href="#">My community</a>	<a href="#">Keeping ourselves safe</a>	<a href="#">Our helpful volunteers</a>	<a href="#">SCARF hotel</a>	<a href="#">None of your business!</a>
	<a href="#">An email from Harold!</a>	<a href="#">Our friends and neighbours</a>	<a href="#">Raisin challenge (2)</a>	<a href="#">Can Harold afford it?</a>	<a href="#">Harold's Seven Rs</a>	<a href="#">Secret or surprise?</a>
	<a href="#">Different feelings</a>	<a href="#">Let's celebrate our differences</a>	<a href="#">Picture wise</a>	<a href="#">Earning money</a>	<a href="#">My school community (1)</a>	<a href="#">My changing body</a>
	<a href="#">Under pressure</a>	<a href="#">Zeb</a>	<a href="#">Medicines: check the label</a>	<a href="#">Harold's environment project</a>	<a href="#">Basic first aid</a>	<a href="#">Basic first aid</a>
End Point:	Children will be able to identify suitable responses to consider the feelings of others.	Children will understand that everyone is different, despite having similarities.	Children will understand risk and how to keep themselves safe, particularly around medication.	Children will have an understanding of budgeting.	Children will understand how to keep themselves and their environment safe.	Children will recognise how to keep themselves safe both online and in reality.
Class Topic	From Stone Age to the Romans.	From Stone Age to the Romans.	Exploring the characteristics of Earths layers, volcanic, tectonic and seismic activity.	Exploring the characteristics of Earths layers, volcanic, tectonic and seismic activity.	Learning the characteristic and features of rivers and mountain ranges	Learning the characteristic and features of rivers and mountain ranges
Linking to class topic suggestion.						

Note – Internet safety should be taught to all classes at the beginning of the autumn term every year as part of the computing program and then reinforced at intervals throughout the year.